



# BLUE CHIP COOKIES NUTRITIONAL FACTS

**Disclaimer:** These nutritional facts are based on current ingredients used in our baking facility for the online business. Each store might use a variation of ingredients, therefore, the nutritional information might have some differences, which are minor. Since we have over 35 different flavors and also create unique flavors, this is a list of our top selling cookies, representing over 75% of customers consumption. If you have any questions please feel free to call 513 697 6610 of additional information. Please remember all our cookies are baked in facilities that have exposure to TREE NUTS.

B.C.C. DIRECT, LLC 5991 MEIJER DRIVE, MILFORD, OHIO 45150

1-800-888-YUMM (9866)

# Almond Toffee Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>	
Serving Size 57g (2 ounces) Almond Toffee	
<b>Amount Per Serving</b>	
<b>Calories</b> 270	Calories from Fat 120
	<b>% Daily Value</b>
<b>Total Fat</b> 13g	20%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 35mg	12%
<b>Sodium</b> 250mg	10%
<b>Total Carbohydrate</b> 35g	12%
Dietary Fiber 1g	4%
Sugars 22g	
<b>Protein</b> 3g	
Vitamin A 6%	Vitamin C 0%
Thiamine 8%	Riboflavin 6%
Niacin 6%	Calcium 2%
Iron 15%	Folic Acid 6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per Gram:	
Fat – 9	
Carbohydrate – 4	
Protein - 4	

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SEMI-SWEET CHOCOLATE CHIPS (CHOCOLATE LIQUOR, SUGAR, SOY LECITHIN, VANILIN (AS ARTIFICIAL FLAVOR), BUTTER (PASTEURIZED CREAM, SALT), TOFFEE BITS (SUGAR, DAIRY BUTTER, ALMONDS, LESS THAN 2%: MILK, CHOCOLATE (SUGAR, COCOA BUTTER, CHOCOLATE, NONFAT MILK, MILKFAT, LACTOSE, SOY LECITHIN, SALT, VANILLA EXTRACT, ALMONDS, WHOLE EGGS, LEAVENING (BAKING SODA), SALT.

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, SOY, MILK, ALMONDS, EGGS)**



# Blue Chip Joy Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>	
Serving Size 57g (2 ounces) Blue Chip Joy	
<b>Amount Per Serving</b>	
<b>Calories</b> 280	Calories from Fat 120
<b>% Daily Value</b>	
<b>Total Fat</b> 14g	21%
Saturated Fat 8g	40%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 35mg	12%
<b>Sodium</b> 270mg	11%
<b>Total Carbohydrate</b> 35g	12%
Dietary Fiber 2g	8%
Sugars 20g	
<b>Protein</b> 3g	
Vitamin A 6%	Vitamin C 0%
Thiamine 8%	Riboflavin 8%
Niacin 6%	Calcium 2%
Iron 15%	Folic Acid 6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per Gram:	
Fat – 9	
Carbohydrate – 4	
Protein - 4	

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), SEMI-SWEET CHOCOLATE CHIPS (CHOCOLATE LIQUOR, SUGAR, SOY LECITHIN, VANILLA EXTRACT; UNSWEETENED COCONUT (PRESERVED WITH SODIUM METABISULFITE), ALMONDS, WHOLE EGGS, SALT, LEAVENING (BAKING SODA)

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, SOY, COCONUT, ALMONDS, EGGS)**



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# Chocolate Chip Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>	
Serving Size 57g (2 ounces) Chocolate Chip Cookie	
<b>Amount Per Serving</b>	
<b>Calories</b> 270	Calories from Fat 110
<b>% Daily Value</b>	
<b>Total Fat</b> 12g	18%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 35mg	12%
<b>Sodium</b> 270mg	11%
<b>Total Carbohydrate</b> 37g	12%
Dietary Fiber 1g	4%
Sugars 23g	
<b>Protein</b> 3g	
Vitamin A 6%	Vitamin C 0%
Thiamine 8%	Riboflavin 6%
Niacin 6%	Calcium 2%
Iron 15%	Folic Acid 6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per Gram:	
Fat – 9	
Carbohydrate – 4	
Protein - 4	

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SEMI-SWEET CHOCOLATE CHIPS (CHOCOLATE LIQUOR, SUGAR, SOY LECITHIN, VANILLA EXTRACT; BUTTER (PASTEURIZED CREAM AND SALT), WHOLE EGGS, LEAVENING (BAKING SODA), SALT

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, SOY, MILK, EGGS)**



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# Chocolate Chip Macadamia Nut Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>	
Serving Size 57g (2 ounces) Chocolate Chip Macadamia	
<b>Amount Per Serving</b>	
<b>Calories</b> 280    Calories from Fat 130	
	<b>% Daily Value</b>
<b>Total Fat</b> 14g	21%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 30mg	10%
<b>Sodium</b> 250mg	10%
<b>Total Carbohydrate</b> 35g	12%
Dietary Fiber 1g	4%
Sugars 21g	
<b>Protein</b> 3g	
Vitamin A 6%	Vitamin C 0%
Thiamine 6%	Riboflavin 6%
Niacin 6%	Calcium 2%
Iron 15%	Folic Acid 6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per Gram:	
Fat – 9	
Carbohydrate – 4	
Protein - 4	

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SEMI-SWEET CHOCOLATE CHIPS (CHOCOLATE LIQUOR, SUGAR, SOY LECITHIN, VANILIN (AS ARTIFICIAL FLAVOR); BUTTER (PASTEURIZED CREAM AND SALT), MACADAMIA NUTS, WHOLE EGGS, LEAVENING (BAKING SODA), SALT

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, SOY, MILK, MACADAMIA NUTS, EGGS)**



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# Coconut Chew (Macadamia Coconut) Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>			
Serving Size 57g (2 ounces) Coconut Chew			
<b>Amount Per Serving</b>			
<b>Calories</b> 280	Calories from Fat 140		
	<b>% Daily Value</b>		
<b>Total Fat</b> 15g	23%		
Saturated Fat 8g	40%		
<i>Trans</i> Fat 0g			
<b>Cholesterol</b> 40mg	13%		
<b>Sodium</b> 290mg	12%		
<b>Total Carbohydrate</b> 33g	11%		
Dietary Fiber 1g	4%		
Sugars 18g			
<b>Protein</b> 3g			
Vitamin A 6%	Vitamin C 0%		
Thiamine 8%	Riboflavin 6%		
Niacin 6%	Calcium 2%		
Iron 10%	Folic Acid 6%		
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), COCONUT (PRESERVED WITH SODIUM METABISULFITE), MACADAMIA NUTS, WHOLE EGGS, LEAVENING (BAKING SODA), SALT

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# Oatmeal Raisin Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>			
Serving Size 57g (2 ounces)			
<b>Amount Per Serving</b>			
<b>Calories</b>	229 Calories from Fat 80		
	<b>% Daily Value</b>		
<b>Total Fat</b> 8.9g	14%		
Saturated Fat 5.4 g	27%		
<i>Trans</i> Fat 0g			
<b>Cholesterol</b> 31mg	10%		
<b>Sodium</b> 93mg	4%		
<b>Total Carbohydrate</b> 36.1g	12%		
Dietary Fiber 1.3g	5%		
Sugars 19.8g			
<b>Protein</b> 2.9g			
Vitamin A 9%	Vitamin C 1%		
Iron 8%	Calcium 1%		
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), VANILLA EXTRACT, RAISINS, ROLLED OATS, WHOLE EGGS, LEAVENING (BAKING SODA), SALT

\*We will add Walnuts per your request.

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, EGGS, COCONUT)**



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# Peanut Butter Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>			
Serving Size 57g (2 ounces)			
<b>Amount Per Serving</b>			
<b>Calories</b> 270	Calories from Fat 120		
<b>% Daily Value</b>			
<b>Total Fat</b> 13g	20%		
Saturated Fat 6g	30%		
<i>Trans</i> Fat 0g			
<b>Cholesterol</b> 40mg	13%		
<b>Sodium</b> 350mg	15%		
<b>Total Carbohydrate</b> 35g	12%		
Dietary Fiber 0g	0%		
Sugars 19g			
<b>Protein</b> 4g			
Vitamin A 6%	Vitamin C 0%		
Thiamine 8%	Riboflavin 6%		
Niacin 6%	Calcium 2%		
Iron 10%	Folic Acid 8%		
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), PEANUT BUTTER (PEANUTS, HYDROGENATED VEGETABLE OIL (RAPESEED, COTTONSEED AND/OR SOYBEAN OIL), SALT), VANILLA EXTRACT, WHOLE EGGS, LEAVENING (BAKING SODA), SALT

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, PEANUTS, EGGS)**



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# Sugar Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>	
Serving Size 57g (2 ounces) The Sugar Cookie	
<b>Amount Per Serving</b>	
<b>Calories</b> 246	Calories from Fat 100
	<b>% Daily Value</b>
<b>Total Fat</b> 11.1g	17%
Saturated Fat 6.7g	33%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 28mg	9%
<b>Sodium</b> 130mg	5%
<b>Total Carbohydrate</b> 34.4g	11%
Dietary Fiber .6g	2%
Sugars 8g	
<b>Protein</b> 2.9g	
Vitamin A 13%	Vitamin C 0%
Calcium 0%	Iron 6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per Gram:	
Fat – 9	
Carbohydrate – 4	
Protein - 4	

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), WHOLE EGGS, SALT, VANILLA EXTRACT, LEAVENING (BAKING SODA).

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, EGGS)**



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# Triple Chocolate Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>	
Serving Size 57g (2 ounces) Triple Chocolate	
<b>Amount Per Serving</b>	
<b>Calories</b> 260    Calories from Fat 120	
	<b>% Daily Value</b>
<b>Total Fat</b> 13g	20%
Saturated Fat 8g	40%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 35mg	12%
<b>Sodium</b> 250mg	10%
<b>Total Carbohydrate</b> 35g	12%
Dietary Fiber 4g	16%
Sugars 20g	
<b>Protein</b> 3g	
Vitamin A 6%	Vitamin C 0%
Thiamine 6%	Riboflavin 6%
Niacin 6%	Calcium 2%
Iron 15%	Folic Acid 6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per Gram:	
Fat – 9	
Carbohydrate – 4	
Protein - 4	

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (Pasteurized cream and Salt), SEMI-SWEET CHOCOLATE CHIPS (Chocolate Liquor, Sugar, Soy Lecithin,, Vanilin), MILK CHOCOLATE CHIPS (Sugar, Milk, Cocoa Butter, Chocolate Liquor, Soy Lecithin, and Real Vanilin), WHOLE EGGS, LEAVENING (BAKING SODA), SALT, VANILLA EXTRACT.

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, SOY, EGGS)



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# White Chocolate Chip Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>	
Serving Size 57g (2 ounces) White Chocolate Chip	
<b>Amount Per Serving</b>	
<b>Calories</b> 270	Calories from Fat 110
<b>% Daily Value</b>	
<b>Total Fat</b> 12g	18%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 40mg	13%
<b>Sodium</b> 280mg	12%
<b>Total Carbohydrate</b> 37g	12%
Dietary Fiber 0g	0%
Sugars 25g	
<b>Protein</b> 2g	
Vitamin A 6%	Vitamin C 0%
Thiamine 8%	Riboflavin 8%
Niacin 6%	Calcium 4%
Iron 8%	Folic Acid 6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per Gram:	
Fat – 9	
Carbohydrate – 4	
Protein - 4	

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, SKIM MILK POWDER, BUTTEROIL, SOY LECITHIN, VANILLA EXTRACT); BUTTER (PASTEURIZED CREAM AND SALT), WHOLE EGGS, SALT, LEAVENING (BAKING SODA), VANILLA EXTRACT.

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, SOY, EGGS)**



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# White Chocolate Macadamia Nut Cookie

Serving Size – 2oz (57grams)

<b>Nutrition Facts</b>		Serving Size	
		57g (2 ounces)	
White Chocolate Macadamia Cookie			
<b>Amount Per Serving</b>			
<b>Calories</b> 280 Calories from Fat 130			
		<b>% Daily Value</b>	
<b>Total Fat</b>	15g		23%
Saturated Fat	7g		35%
<i>Trans</i> Fat	0g		
<b>Cholesterol</b>	35mg		12%
<b>Sodium</b>	260mg		11%
<b>Total Carbohydrate</b>	35g		12%
Dietary Fiber	0g		0%
Sugars	23g		
<b>Protein</b>	3g		
Vitamin A	4%	Vitamin C	0%
Thiamine	6%	Riboflavin	6%
Niacin	4%	Calcium	4%
Iron	8%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, SKIM MILK POWDER, BUTTEROIL, SOY LECITHIN, VANILLA EXTRACT), BUTTER (PASTEURIZED CREAM AND SALT), MACADAMIA NUTS, WHOLE EGGS, LEAVENING (BAKING SODA), SALT, VANILLA EXTRACT.

**CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, SOY, MACADAMIA NUTS, EGGS)**